

# S2 Residential May 2024

## Parents & Carers

Wednesday 24<sup>th</sup> April 2024

**Respect, Kindness & Ambition**



## Why?

- Builds on our residential, resilience, outdoor learning, adventure activities plans/experiences with cluster primaries (P7 Camp, S1 Activities Days, S2 Residential, S3 (and beyond) DofE.
- Build meta-skills including creativity, logical thinking, motivating others, teamwork, collaboration, resilience, courage, risk taking, self-belief
- Enhance experiences and outcomes including social wellbeing, physical wellbeing, literacy (listening and talking)
- Enjoyable, fun, memories (joy of learning)
- Enhance physical and mental well-being
- Enhance relationships, school values, UNCRC

# Programme

Thursday 9<sup>th</sup> May

1 night residential

Friday 10<sup>th</sup> May

Dalguise ([pgl.co.uk](http://pgl.co.uk))



# Draft Plan/Itinerary

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:00 - 15:30	Session 4 15:40 - 17:10	Evening 19:30 - 20:30
<b>Thursday</b>	1			Abseiling (AB1)	Problem Solving (PS1)	Tree Climb (TC1)	Laser Tag (LT1)	PGL Tournament (PT1)
	2			Abseiling (AB2)	Problem Solving (PS2)	Tree Climb (TC2)	Laser Tag (LT1)	PGL Tournament (PT1)
	3			Problem Solving (PS1)	Abseiling (AB1)	Laser Tag (LT1)	Tree Climb (TC1)	PGL Tournament (PT1)
	4			Problem Solving (PS2)	Abseiling (AB2)	Laser Tag (LT1)	Tree Climb (TC2)	PGL Tournament (PT2)
	5			Tree Climb (TC1)	Problem Solving (PS3)	Raft Building (RB2)	Archery (A1)	PGL Tournament (PT2)
<b>Friday</b>	1			Raft Building (RB1)	Archery (A1)	Zip Wire (ZG1)	Axe Throwing (AX1)	Depart
	2			Raft Building (RB2)	Archery (A2)	Zip Wire (ZG2)	Axe Throwing (AX2)	Depart
	3			Archery (A1)	Raft Building (RB1)	Axe Throwing (AX1)	Zip Wire (ZG1)	Depart
	4			Archery (A2)	Raft Building (RB2)	Axe Throwing (AX2)	Zip Wire (ZG2)	Depart
	5			Zip Wire (ZG1)	Axe Throwing (AX1)	Laser Tag (LT1)	Abseiling (AB1)	Depart

## Other Info

- Rooms allocated appropriately - although students won't choose exactly who they share a room with (bunk buddies), they will be in a room with other people they are comfortable to share with (arranged at end of this week/beginning of next and communicated with students in advance of the trip)
- Although PGL staff lead all activities, 5 Winchburgh Academy staff members will be there at all times (Mr Mitchell, Mrs McIntosh, Miss Charles, Ms Johnstone and Ms Henderson)
- Only one hour away (approx.) - close to home in case of any emergencies
- Travel light - essential items/kit list will be communicated in advance of the residential (likely that random bag check arrangements etc will be in place (us and PGL)
- Final Parent letter 2 sent w/b 29<sup>th</sup> April
- EE2 forms handed out to students and returned next week
- All activities are appropriately risk assessed and safe (we have all appropriate policies including insurance etc. in place through PGL and WLC)
- Home for end of the day on Friday 10<sup>th</sup> May (4-5pm)
- All food provided (as part of the cost). All dietary requirements will be arranged, catered for and communicated in advance.
- Cost being kept as low as possible (affordability). £140 covers all transport, food, activities

# Medication

Parent/carer responsibility to bring medication to school office in advance.

Most will require to complete a form to record medication (appendix 4).

Prescribed medication

Non prescribed medication (paracetamol etc)

Ms Johnston going (school link/responsibility)

## Kit List (List of Items Required)

Two pairs of trainers (one pair for water activities)

Clothes you don't mind getting wet, dirty

One change of appropriate clothes for Thursday evening activity

Two jumpers/hoodies

Warm jacket (waterproof)

2 pairs of jogging bottoms/leggings

PJs

Appropriate toiletries

## A few other things to know...

- Emergency contact number (PGL) will be shared in letter 2
- Snacks (food and drink)
- Mobile phones
- Bag checks
- Extra things brought by school
- School values throughout
- Mr Mitchell will have car in case of any emergency



# Questions

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