Meta Skills Development in Outdoor Learning

Meta Skill 1:	Adapting	Primary
Developed through: ➢ The unpredictability of nature requires adaptive thinking to assess risks, make decisions and learn from the outcomes. ➢ Responding to real world changes when learning outdoors, particularly the weather. ➢ Being prepared for different scenarios ➢ Decision making skills based on availability of resources available in the particular area at that time.		

Meta Skill 2:	Integrity	Primary
Developed through: ➢ Learning about, and following the Scottish Outdoor Access Code ➢ Respect and responsibility for nature, those around them and representing the school and our values while learning outdoors ➢ Building trust with others and helping others ➢ Working within boundaries both physical and personal space.		

Meta Skill 3:	Collaborating	Primary
Developed through: ➢ Opportunities to work with a range of learners to work towards a common goal in a real life context ➢ Participating in joint decision making and problem solving, often out with individuals comfort zones. ➢ Sharing of equipment, resources and space.		

Meta Skill 4:	Curiosity	Primary
Developed through: ➢ Opportunities to explore and experiment with new and natural materials ➢ Use this curiosity to solve problems and learn how parts of the natural world work and are often linked together. ➢ Outdoor experiences spark curiosity, with the learning being embedded further through real life experiences and approaches.		

Meta Skill 5:	Focussing	Secondary
Developed through:		

> ➤ Opportunities to focus on tasks that require concentration and skill such as knot making or den building activities.
> ➤ Wellbeing activities requiring children to focus on the space and place around them.
> ➤ Focussing on the natural world to promote engaging learning

Meta Skill 6:	Critical thinking	Secondary
Developed through:		

> ➤ Using real world contexts via open ended challenges that require critical thinking skills either individually or in groups.
> ➤ Opportunities for problem solving in different contexts using a range of different approaches and resources especially where there is not just one solution.

Meta Skill 7:	Communicating	Secondary
Developed through:		

> ➤ Expressing views and opinions with others
> ➤ Presenting information in different ways
> ➤ Opportunities for oral communication as well as written on the go, eg on clip boards.