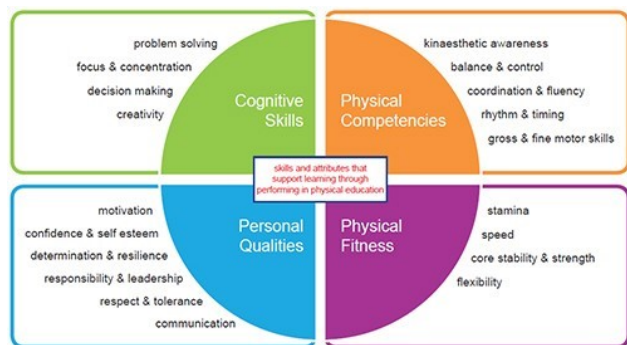


# Curriculum Content

In Physical Education learners will develop many skills throughout the S1 curriculum. The Curriculum for Excellence benchmarks and Significant Aspects of Learning (SALS) will be used to guide learning. Those skills can be found below



In Physical Education learners participate in 6 week blocks across the school year. The activities that will be covered in S1 are

Central Net game - Badminton

Team Invasion Games - Netball/Basketball

Gymnastics—Individual Floor / Vaulting

Fitness

Swimming

Athletics

Striking and Fielding

# Assessment

## Formative Assessment

Learners will be continually assessed throughout the year in each activity block. These will involve assessment strategies including,

Self-Assessment form at the end of each block  
 Peer Assessment through partner work  
 Contribution to class discussions  
 Group work activities  
 Regular Learner Conversations throughout the year

## Summative Assessment

Fitness assessments to gather data on performance.

Click the links to learn more about formative and summative assessment approaches:

⇒ [Updated guidance on assessment within the broad general education](#)

⇒ [Bing Videos](#)

# Meta-skills

Self-management	Focusing		
	Integrity		
	Adapting		
	Initiative		
Social Intelligence	Communicating		✓
	Feeling		
	Collaborating		✓
	Leading		✓
Innovation	Curiosity		
	Sense-making		
	Creativity		
	Critical thinking		

To find out more detail about the meta skills learned in this curriculum area, please view the meta skills section on our school website.

# Kindness

# Respect

# Ambition

UNCRC



Celebrating Success

PE Pupil of the month

Staff List

Miss Charles - PE Teacher

Mr Forrest



## WINCHBURGH ACADEMY



# BGE PE

S1 Curriculum Overview