

# S2 Residential 2026

## Parent/Carer Information Presentation

Wednesday 22<sup>nd</sup> April

Respect, Kindness & Ambition



# Why?

- Builds on our residential, resilience, outdoor learning, adventure activities curriculum/experiences (P7 Camp, Outdoor Learning, S1 Activities Days, S2 Residential, S3 (and beyond) DofE.
- Build meta-skills including creativity, logical thinking, motivating others, teamwork, collaboration, resilience, courage, risk taking, self-belief
- Enhance experiences and outcomes including social wellbeing, physical wellbeing, literacy (listening and talking)
- Enjoyable, fun, memories (joy of learning)
- Enhance physical and mental well-being
- Enhance relationships, school values, UNCRC

# Programme

Thursday 14<sup>th</sup> May

1 night residential

Friday 15<sup>th</sup> May

Dalguise ([pgl.co.uk](http://pgl.co.uk))

# Example Plan/Itinerary

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:00 - 15:30	Session 4 15:40 - 17:10	Evening 19:30 - 20:30
<b>Thursday</b>	1			Arrive on Centre	Survivor (SU1)	Zip Wire (ZG1)	Trapeze (TR1)	PGL Games (PGA1)
	2			Arrive on Centre	Survivor (SU2)	Trapeze (TR1)	Zip Wire (ZG1)	PGL Games (PGA1)
	3			Arrive on Centre	Survivor (SU3)	Zip Wire (ZG2)	Trapeze (TR2)	PGL Games (PGA1)
	4			Arrive on Centre	Trapeze (TR2)	Survivor (SU1)	Zip Wire (ZG2)	PGL Games (PGA1)
	5			Arrive on Centre	Canoeing (OC2)	Zip Wire (ZG3)	Trapeze (TR3)	PGL Games (PGA1)
<b>Friday</b>	1			Giant Swing (GS1)	Canoeing (OC1)	Depart		
	2			Canoeing (OC1)	Giant Swing (GS1)	Depart		
	3			Survivor (SU2)	Canoeing (OC2)	Depart		
	4			Canoeing (OC2)	Giant Swing (GS2)	Depart		
	5			Giant Swing (GS3)	Survivor (SU3)	Depart		

# Other Info

- Rooms allocated appropriately - although students won't choose exactly who they share a room with (bunk buddies), they will be in a room with other people they are comfortable to share with (confirmed 1 week prior to residential and communicated with students in advance of the trip)
- Although PGL staff lead all activities, 6 Winchburgh Academy staff members will be there at all times (Mr. Mitchell/Miss. Murray, Mrs. Birrell, Mr. McDowall, Mrs. Nicholson, Mr. Kemp, Jen Brown)
- Only one hour away (approx.) - close to home in case of any emergencies
- Travel light - essential items only (random bag check arrangements etc. will be in place, us and PGL as policy)
- Final Parent letter sent in early May (includes itinerary and reminder of kit list)
- EE2 forms handed out to students and returned one week in advance
- All activities are appropriately risk assessed and safe (we have all appropriate policies including insurance etc. in place through PGL and WLC)
- Home for end of the day on Friday 16<sup>th</sup> May (4-5pm)
- All food provided (as part of the cost). All dietary requirements arranged, catered for and communicated in advance.
- Cost being kept as low as possible (affordability). Covers all transport, food, activities

# Medication

Parent/carer responsibility to bring medication to school office in advance  
(before Friday 1<sup>st</sup> May)

Most will require to complete a form to record medication (appendix 4).

Prescribed medication

Non prescribed medication (paracetamol etc.)

Jen Brown going (first aid trained/responsibility for medication)

# Kit List (List of Items Required)

Two pairs of trainers (one pair for water activities)

Clothes you don't mind getting wet, dirty

One change of appropriate clothes for Thursday evening activity

Two jumpers/hoodies

Warm jacket (waterproof)

2 pairs of jogging bottoms/leggings

PJs

Appropriate toiletries

Sleeping bag/Duvet

Pillow

# A few other things to know...

- Emergency contact number (PGL) will be shared in final letter
- Early departure on Thursday 14<sup>th</sup> - in school for 8:15am
- Snacks (food and drink)
- Mobile phones
- Bag checks
- Extra things brought by school
- School values throughout
- Mr Mitchell/Miss Murray will have car in case of any emergency

# Questions