

S2 Dalguise Residential Experience – Thursday 14th – Friday 15th May 2025

Dear Parent/Carer,

We are very much looking forward to the S2 Residential on Thursday and Friday this week. Everything is ready and in place in line with WLC excursion policy documentation. Thank you for all your support to this point. Following on from the Parent Information Evening on Wednesday 22nd April, this letter is intended to communicate all final arrangements with you.

To access the slides and information presented at the parent information evening, please click the link below.

[S2 Residential Parent-Carer Slides](#)

To access further information/contact details for PGL Dalguise Activity Centre please click the link below:

[PGL Dalguise in Perthshire, Scotland | PGL Adventure Holidays](#)

School staff will have access to our school mobile phone and completed EE2 forms throughout the two days in case of any emergency. It is not anticipated that you will need to contact us, however, in any emergency, please use the following phone number to contact PGL Dalguise who will then liaise with school staff.

[0333 321 2100](tel:03333212100)

Times:**Thursday 14th May**

Meet in The Atrium
Depart Winchburgh Academy (via Salmonds Coach)

8.10am

8.20am

Arrive PGL Dalguise (9.30am approx.)

Friday 15th May

Depart PGL Dalguise 2.30pm

Arrive at Winchburgh Academy 4pm (approx.)

Staff Attending:

Miss Murray	DHT (from Thursday pm)
Mrs. Birrell	(2A PSR Teacher)
Mr. McDowell	(2H PSR Teacher)
Mrs. Nicholson	(2M PSR Teacher)
Mr. Kemp	(PE)
Mrs. Brown	(PSW, First Aid & Health Plan Coordinator)

Kit List:

- 1 X Sleeping Bag/Duvet
- 1 X Pillow
- 2 X Appropriate footwear (trainers, including a pair you don't mind getting wet/muddy)
- 1 X Appropriate Jacket (warm and waterproof)
- 2 X Jumper/Hooded Top
- 2 X Tracksuit bottoms/sports leggings
- Appropriate toiletries (shower gel, toothpaste, toothbrush, deodorant)
- 1 X Towel
- 1 X Water Bottle
- Sun Cream (as appropriate)

Additional Money

Although there is a PGL gift shop stocking 'keepsake items' it is not required or recommended for anyone to bring any extra money. All meals throughout the excursion are provided.

Snacks

We politely ask parents/carers to ensure that appropriate snacks are brought along. We are only away for one night and if students are bringing snacks, please avoid those with high sugar/caffeine and unnecessary sized items/multipacks.

Medication

As mentioned at the parent information meeting, please ensure that any required medication is brought into the main school office in advance of us leaving on Thursday (prescribed and non-prescribed). This will be managed safely in line with our safeguarding policies – students must not be carrying any medication with them. Mrs. Brown has all the necessary arrangements in place. Please remember, even if you feel that medication such as paracetamol/ibuprofen is required, these should be brought to the school office and recorded to ensure we follow all required protocols.

Further, although PGL staff will be leading activities, Mrs. Brown is attending and is a trained and qualified first aider.

Dietary Requirements

All known dietary requirements have been shared with PGL Dalguise in advance. If you would like further information or if you feel you need to highlight anything in this regard, please contact the school office.

Mobile Phones

It was strongly indicated by parents/carers attending the information evening that mobile phones should stay at home and not be brought to Dalguise. This prevents any phones potentially being damaged, falling into water, and any video/photography to which consent has not been given. From experience, there is a very poor signal at the centre and therefore phones are not recommended. PGL and the school cannot take any responsibility for lost or damaged phones or similar personal, technical belongings.

Provisional Activity Programme

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:00 - 15:30	Session 4 15:40 - 17:10	Evening 19:30 - 20:30
Thursday	1			Arrive on Centre	Burn Walk (BU1)	Giant Swing (GS2)	Survivor (SU1)	Ambush (AMB1)
	2			Arrive on Centre	Burn Walk (BU2)	Survivor (SU1)	Giant Swing (GS2)	Ambush (AMB1)
	3			Arrive on Centre	Vertical Challenge (VC1)	Giant Swing (GS3)	Burn Walk (BU1)	Ambush (AMB1)
	4			Arrive on Centre	Vertical Challenge (VC2)	Burn Walk (BU1)	Giant Swing (GS3)	Ambush (AMB1)
	5			Arrive on Centre	Vertical Challenge (VC4)	Burn Walk (BU2)	Canoeing (OC2)	Ambush (AMB2)
Friday	1			Canoeing (OC1)	Vertical Challenge (VC3)	Depart		
	2			Vertical Challenge (VC3)	Canoeing (OC1)	Depart		
	3			Canoeing (OC2)	Survivor (SU3)	Depart		
	4			Survivor (SU3)	Canoeing (OC2)	Depart		
	5			Survivor (SU2)	Giant Swing (GS3)	Depart		

Finally, I'd like to say thank you for your ongoing support, I'm sure this residential will provide positive memories and experiences for all young people involved. Although highly unlikely, in case of any emergency/unforeseen circumstances, Miss. Murray is driving and will therefore have access to a car.



If you require to speak to us in advance of the trip, as always, please contact the school office and we will be delighted to help.

Best wishes,

A handwritten signature in black ink, appearing to read "Jonny Mitchell".

Jonny Mitchell



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